

ARTHRO PRESERVE

360°

Joint Preservation Congress
Edition 02

15 & 16 May 2027

Hotel Le Méridien (Falcon Ballroom)

Airport Road, Dubai



1 Day
Conference

Saw
Bone
Workshops

1 Day
Cadaver
Workshop



Co-Convenor

Dr. Rahul Shivadey

Specialist Orthopedic Surgeon
JTS Medical Center and Medcare
Ortho Spine Hospital
Dubai U.A.E



Co-Convenor & Scientific Chair

Dr. Rik Kundra

Orthopaedic Consultant
Mediclinic Parkview, Hospital, Dubai, U.A.E



Event Managed By:

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DAY 01 AGENDA

Time		Session	Speaker
07:30 AM	08:00 AM	REGISTRATION	ALL
08:00 AM	11:00 AM	SESSION 01: PRECONFERENCE WORKSHOPS DRY BONE WORKSHOPS (GRANADA ROOMS)	ALL
08:00 AM	11:00 AM	Workshop 01: Osteotomy Around Knee	Dr. Rahul Shivadey
		Workshop 02: Meniscus Repair Techniques	Dr. Rik Kundra
		Workshop 03: Shoulder Cuff Repair/SCR	Dr. Anwar Marthya
11:00 AM	11:15 AM	TEA BREAK	
11:15 AM	13:00 PM	SESSION 02: SHOULDER (12 +3 MIN) Moderators: Dr. Deepak Goyal, Dr. Jesper Fritz	ALL
11:15 AM	11:30 AM	Shoulder Stabilization	Dr. Anwar Marthya
11:30 AM	11:45 AM	Cuff Tear Augmentation	Dr. Diego Martin Valdez
11:45 AM	12:00 PM	The Failed Rotator Cuff Repair	Dr. BM Shammas
12:00 PM	12:15 PM	Shoulder Arthroplasty in the Young & Active Patient	Dr. Diego Martin Valdez
12:15 PM	12:30 PM	Managing Glenoid Bone Loss in Shoulder Instability	Dr. BM Shammas
12:30 PM	12:45 PM	Reverse Shoulder Arthroplasty	Dr. Emmanuel Papakostas
12:45 PM	13:45 PM	LUNCH BREAK	
13:45 PM	15:00 PM	SESSION 03: KNEE	ALL
13:45 PM	14:00 PM	My Tryst with Joint Preservation and Cartilage Repair	Dr. Deepak Goyal
14:00 PM	14:15 PM	Meniscus Repair Techniques (Which Implant For Which Repair)	Dr. Usama Hassan Saleh
14:15 PM	14:30 PM	Meniscus Repair Augmentation (Technique/ Literature/ Results)	Dr. Emmanuel Papakostas
14:30 PM	14:45 PM	Meniscus Centralization In Joint Preservation (Need/ Benefit/ Evidence)	Dr Sheetal Gupta
14:45 PM	15:00 PM	Is my Meniscus Healing	Dr. Sarmistha Gupta
15:00 PM	15:15 PM	TEA BREAK	
15:15 PM	18:00 PM	SESSION : 04, HIP & MEET THE EXPERTS	ALL
15:15 PM	15:30 PM	Hip Arthroscopy	Dr. Ilari NJ Pajamaki
15:30 PM	15:45 PM	Cartilage Injury in Hip Arthroscopy	Dr. Rahul Shivadey
15:45 PM	17:00 PM	Meet the experts	ALL
17:00 PM	18:00 PM	Case Discussion	ALL



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DAY 02 CADAVER WORKSHOP SHARJAH LAB

Time		Session
8:00 AM	8:30 AM	Welcome and Registration
8:30 AM	8:40 AM	Introduction to Faculty
8:40 AM	10:15 AM	SESSION I CARTILAGE (12 +3 MIN)
8:40 AM	8:55 AM	Basic Science & Clarification of Focal Defect
8:55 AM	9:10 AM	Ideal Patient for Cartilage Repair
9:10 AM	9:25 AM	Marrow Stimulation Techniques & Indications
9:25 AM	9:40 AM	OATS-Indication & Technique - Present status How to do it
9:40 AM	9:55 AM	Role of Subchondral Bone in Cartilage Repair
9:55 AM	10:10 AM	"Single stage, Dual stage cartilage repair (Present status & how to do it"
10:10 AM	10:30 AM	Dress change for Cadavar Lab and Coffee
10:30 AM	12:00 PM	SESSION II CARTILAGE CADAVER LAB * 8 Stations/ 5 delegate per station/ 1 Faculty per station
90 MIN		30 min- MF/NF
		30 min- OATS
		30 min- Hyalofast
12:00 PM	12:10 PM	Dress Chage for Hall
12:10 PM	12:20 PM	Introduction to Meniscus & Faculty
12:20 PM	12:35 PM	SESSION III MENISCUS
12:20 PM	12:35 PM	Basics of Meniscus & Injury Pattern
12:35 PM	12:50 PM	All inside Repairs-(Technique & Case Video)
1:10 PM	1:20 PM	Inside out Repairs (Technique & Case Video)
1:20 PM	2:00 PM	Outside in Repairs (Technique & Case Video)
2:00 PM	2:20 PM	LUNCH
2:20 PM	4:00 PM	"SESSION IV MENISCUS CADAVER LAB * 8 Stations/ 5 delegate per station/ 1 Faculty per station"
90 MIN		30 min- ALL Inside repair
		30 min- ALL Out side repair
		30 min- Inside out Repair
4:00 PM	4:10 PM	Change for Hall & Cofee
4:10 PM	4:30 PM	SESSION V Q&A
4:30 PM		CLOSING