

ARTHRO PRESERVE 360°

Joint Preservation Congress

16 & 17 May 2026

Hotel Le Méridien (Falcon Ballroom)

Airport Road, Dubai



Live
Cadaver
Demonstration

Saw
Bone
Workshops

2 Day
Conference



Co-Convenor

Dr. Rahul Shivadey

Orthopedic and Sports Medicine Specialist
Aster Hospital, Al Qusais - Dubai



Co-Convenor & Scientific Chair

Dr. Rik Kundra

Orthopaedic Consultant
Mediclinic Parkview, Hospital, Dubai



Event Managed By:

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Event Management L.L.C

Contact us: aju@graceconnectuae.com | +971 55 662 0754 | +971 50 925 0160

AGENDA (DAY 01)

Time		Session	Speaker
08:30 AM	09:00 AM	REGISTRATION	All
09:00 AM	12:30 PM	SESSION 01: PRECONFERENCE WORKSHOPS DRY BONE WORKSHOPS (GRANADA ROOMS)	All
09:00 AM	12:30 PM	Workshop 01: Osteotomy Around Knee	AMMT/ NEWCLIP
09:00 AM	12:30 PM	Workshop 02: Meniscus Repair Techniques	Rejoin Medical Devices
09:00 AM	12:30 PM	Workshop 03: OATS In Knee/Autocart	ARTHREX
09:00 AM	12:30 PM	Workshop 04: Shoulder Cuff Repair/SCR	SMITH & NEPHEW
12:30 PM	13:15 PM	LUNCH BREAK	ALL
13:15 PM	15:00 PM	SESSION 02: MENISCUS (12 +3 MIN)	
13:15 PM	13:20 PM	Opening Remarks	Dr. Rahul Shivadey
13:20 PM	13:30 PM	Joint Preservation (History/ Scope/ Future)	Dr. Deepak Goyal
13:30 PM	13:45 PM	Meniscus Repair Techniques (Which Implant For Which Repair)	Dr. Sachin Tapasvi
13:45 PM	14:00 PM	Meniscus Repair Augmentation (Technique/ Literature/ Results)	Dr. Emmanuel Papacostas
14:00 PM	14:15 PM	Meniscus Centralization In Joint Preservation (Need/ Benefit/ Evidence)	Dr. Phillipe Landreau
14:15 PM	14:30 PM	Meniscus transplantation in Joint Preservation (Indications/ Techniques/ Long term results)	Dr. Chris Chiang
14:30 PM	14:40 PM	Is my Meniscus Healing	Dr. Sarmistha Gupta
14:40 PM	14:50 PM	Rehabilitation after meniscal repair (Evidence based protocols)	Dr. BM Shammas
14:50 PM	15:00 PM	Q&A SESSION	All faculties
15:00 PM	17:15 PM	SESSION 03: CASE BASED CHONDRAL REPAIR	ALL
15:00 PM	15:15 PM	Cartilage lesions/ treatment algorithms	Dr. Emmanuel Papacostas
15:15 PM	15:30 PM	Scaffolds in Chondral Repair (indications/ Options/ Results)	Dr. Rahul Shivadey
15:30 PM	15:45 PM	Case 01: Marrow stimulation	Dr. Saeed Al Thani
15:45 PM	16:00 PM	Case 02: Osteochondral plug transfers	Dr. Sachin Tapasvi
16:00 PM	16:15 PM	Case 03: Patellar Chondral Defects	Dr. Deepak Goyal
16:15 PM	16:30 PM	Case 04: Hyaluronic acid scaffolds	Dr. Rahul Shivadey
16:30 PM	16:45 PM	Case 05: Triphasic scaffolds	Dr. Rik Kundra
16:45 PM	17:00 PM	Case 06: Ankle OCD	Dr. Ehab Kheir
17:00 PM	17:15 PM	COFFEE BREAK and Conclusion of Day 1	ALL

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AGENDA (DAY 02)

Time		Session	Speaker
08:30 AM	09:00 AM	REGISTRATION	All
09:00 AM	11:00 AM	SESSION 04 OSTEOTOMY (12 +3 MIN)	All
09:00 AM	09:15 AM	Pre-Op planning for Osteotomy	Dr. Raj Thakrar
09:15 AM	09:30 AM	Medial Open Wedge Osteotomy (MOWHTO) (Indications/ Procedure/ Outcomes/ Long term results)	Dr. Chris Chiang
09:30 AM	09:45 AM	Distal femoral Osteotomy (Indications/ Procedure/ Outcomes/ Long term results)	Dr. Raj Thakrar
09:45 AM	10:00 AM	Double Level Osteotomy (Indications/ Procedure/ Complications)	Dr. Sachin Tapasvi
10:00 AM	10:15 AM	Role of PSI in Osteotomies around Knee	Dr. Rik Kundra
10:15 AM	10:30 AM	Slope Correction Osteotomy in Knee	Dr. Sachin Tapasvi
10:30 AM	10:45 AM	Osteotomy: Complications and Management	Dr. Philippe Landreau
10:45 AM	11:00 AM	Q&A	All Speakers
11:00 AM	11:15 AM	COFFEE BREAK	All
11:15 AM	12:45 PM	SESSION 05: ORTHOBIOLOGICS IN JOINTS	All
11:15 AM	11:30 AM	PRP (Indications/ Evidence/ Usage)	Dr. Sharmila Tulpule
11:30 AM	11:45 AM	BMAC (Indications/ long term results)	Dr. BM Shammam
11:45 AM	12:00 PM	Adipose Tissue Techniques (SVF/ Lipogems)	Dr. Madhan Jeyaraman
12:00 PM	12:15 PM	Case based discussion for use of orthobiologics 3 -4 cases discussed with faculties	All
12:15 PM	12:30 PM	Q&A	All
12:30 PM	13:15 PM	LUNCH	All
13:15 PM	17:00 PM	SESSION 06: CADAVERIC LAB DEMONSTRATION OF PROCEDURES (LIVE RELAY FROM THE LAB)	All
13:15 PM	14:30 PM	HTO Cadaveric Demonstration	Sharjah Lab
14:30 PM	15:45 PM	Meniscal Repair Techniques	Sharjah Lab
15:45 PM	17:00 PM	Shoulder SCR /Ankle OCD	ARTHREX LAB
17:00 PM	17:15 PM	Conclusion of the Conference	All



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FACULTIES



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Dr. Philippe Landreau



Dr. Chris Chiang



Dr. Raj R Thakrar



Dr. Moez Ballal



Dr. Ehab Kheir



Dr. BM Shammas



Dr. Madhan
Jeyaraman



Dr. Sharmila Tulpule



Dr. Sarmistha Gupta



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